



www.unitedforthetroops.org

Who are United For The Troops?

We are a group of local community members who have organized together for a cause we all truly believe in.

What does United For The Troops Do?

We support our troops serving overseas by sending them care packages of items they say they "Miss Most" while they are deployed.

What do we believe in?

We believe the young men and women serving this great nation are the bravest people in this world and should not go one day without the simple things! **THAT'S IT!**

UNITED FOR THE TROOPS DOES NOT AFFILIATE ITSELF WITH ANY POLITICAL PARTY, NOR DO WE TAKE A POLITICAL VIEW ON THE WAR – WE'RE HERE TO HELP THE TROOPS, BOTTOM LINE!

How can you help?

There are several ways you can help the troops! We are constantly looking for donations, volunteers, and different ideas to help us grow. If you would like to know more or find a "DONATION DROP OFF LOCATION" please visit us at www.unitedforthetroops.org and see how you can help.

.Thanks for listening and God Bless our Troops!

MORE INFO AT:

www.unitedforthetroops.org or call 845 729 4239

EMAIL US AT unitedforthetroops@gmail.com

Please make monetary donations through our website using DONATE using paypal or mail monetary donations to:

United For The Troops

PO Box 242

Shrub Oak, NY 10588

PLEASE TURN OVER

“UNITED FOR THE TROOPS “ We support our troops serving overseas by sending them care packages of items they say they “Miss Most” while they are deployed. We need your help to continue. WebSite- unitedforthetroops.org Email: unitedforthetroops@gmail.com Tel. 845 729 4239. See Our UFT apparel on our website and Facebook Page.

SUGGESTED LIST OF ITEMS

SNACKS (preferably single serve)

Pretzels (**canned**)
 Pringles
 Trail mix
 Chex mix (**canned**)
 Cookies (oreo, chocolate chip, oatmeal raisin etc.)
 Crackers (ritz, triscuit, saltines)
 Granola Bars
 Power Bars
 Cereal Bars
 Fruit Roll Ups
 Nuts (peanuts, pistachios, cashews)
 Sunflower seeds
 Slim Jims
 ***Beef Jerky** *
 Hot Chocolate Packets
 Tea Bags
 Pop Tarts
 Easy mac

Salsa (**plastic jars or canned**)

* **Icy-Hot Gel Packs***

Tuna Fish in a pouch
 Chicken in a pouch
 Peanut Butter (**plastic jar**)
 Jelly/Jam (**plastic jar**)
 Single Serve Drink Mixes (kool-aid, crystal light, etc)
 Yoo-hoo /Chocolate milk (**non refrigerated**)
 Instant Oatmeal
 Cereals (**individual serve**)
 Chili, Stew, Pastas (**individual serve**)
 Candy (M&M's, sweet tarts, etc.)
 Gum & lifesavers
 Single serve condiments (ketchup, mayo, mustard, salt & pepper, hot sauce etc..)

TOILETRIES

Baby Wipes
 Chapstick & lipbalm
 Eye Drops
 Shampoo & Conditioner
 * **Insect Repellant (wipes are good)***
 Disposable Razors & shaving cream
 Toothbrushes & toothpaste
 Dental Floss
 Mouthwash
 Eyeglass lense cleaning wipes
 Body wash (liquid) **NO BAR SOAP**
 Kleenex (individual Size)
 Skin moisturizers
 Deodorant
 Q-Tips
 Nail clippers & nail files
 Feminine Hygiene Products
 * **Athletes Foot Spray or powder***
 Laundry Detergent (individual size)

SUNDRIES

Batteries (AAA-AA-D-C-9 volt)
 Tan Undershirts
 Boxers (funny ones)
 Crew socks (black or white)
 Word Games
 CD's and or DVD's
 Sports, Fashion, Computer Magazines
 Comics
Ibuprofen, Tylenol etc..
 Calling Cards
 Pipe Cleaners
ZIP-LOC BAGGIES _ ALL SIZES