# KENT RECREATION & PARKS PRESENTS...

## 2018 Kickin' Kids Martial Arts Winter Session

Come learn the martial arts with Just for Kicks in their new facility conveniently located in the plaza across from the Kent Schools

#### \*\*\*\*\*\*\*\*\*\*

Registration includes one or two lessons a week for six weeks as well as a uniform to keep!

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Along with personal fitness and martial arts skills, this program promotes self discipline and personal confidence with Just for Kicks' industry leading character development curriculum

#### DETAILED FLYER & REGISTRATION FORM CAN BE FOUND ON THE FOLLOWING PAGES!

845-531-2100

RECREATION @ TOWNOFKENTNY.GOV

WWW.TOWNOFKENTNY.GOV/RECREATION

Louis M. Fernandez Director of Recreation and Parks



Town of Kent Recreation and Parks Department 25 Sybil's Crossing Kent Lakes, NY 10512

Telephone: (845) 531-2100 Fax: (845) 306-5284 Email: recreation@townofkentny.gov Webpage: www.townofkentny.gov

### Kent Recreation and Just For Kicks Martial Arts Present:

## 2018 Winter Kickin' Kids

Martial Arts Program

#### **Program Description:**

This 6 week course is a basic introduction to the Martial Arts that also includes Just For Kick's industry leading character development curriculum. Classes will take place at Just For Kicks. Children will learn basic kicks, blocks, self-defense and much more. The program fee includes a uniform for the children to keep.

Age	Day and Class Time3 - 4 year olds choose to attend 1 class per week.5 years and older choose to attend 2 classes per week.(The class day(s) chosen must be attended through the length of the program)	Fee Payable to Just For Kicks Martial Arts: \$55 Per Child	Fee Payable to Kent Recreation: \$15 Per Child						
3-4 Year Olds	Tuesday @ 4:30pm; Thursday @ 4:30pm or @ Saturday 9:00am								
5-6	Monday @ 5:15pm; Tuesday @ 5:00pm; Wednesday @ 5:15pm;								
Year Olds	Thursday @ 5:00pm; Saturday @ 9:30am								
7-9	Monday @ 5:45pm; Tuesday @ 5:30pm; Wednesday @ 5:45pm;								
Year Olds	Thursday @ 5:30pm; Saturday @ 11:00am								
10 +	Monday @ 4:30pm; Tuesday @ 7:15pm; Wednesday @ 4:30pm;								
Year Olds	Thursday @ 7:15pm; Saturday @ 11:00am								

Children must be the correct age by the start of the program

Classes are approximately 45 minutes in length

Program Dates: Classes begin the week of Monday, January 22

Program Location: Just For Kicks Martial Arts Center, 1100 Route 52, Carmel, NY 10512

For more information on Just for Kicks visit their website at http://www.carmelkarate.net/

### **Registration ends January 12!**

Kent Recreation and Parks Department 25 Sybil's Crossing, Kent Lakes, NY 10512 Phone: 845-531-2100 E-Mail: recreation@townofkentny.gov						2018 Kickin' Kids Martial Arts Program Registration Form						
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